

## PARENT – CODE OF CONDUCT AGREEMENT

The **BCPFA** is committed to providing the best football experience for your child. This agreement is intended to explain the expectations for parents of a **BCPFA** player. This agreement is not a legally binding document, but a guide to help ensure that **BCPFA** players, coaches and volunteers all enjoy a positive football experience.

1. I commit to being a positive influence on my child's growth and development through sports by:
  - a. Providing continuous positive reinforcement; realizing recognizing effort and performance is more important than reinforcing success
  - b. Focusing on my child's confidence – dissociating love & acceptance from performance
  - c. Working on your emotional discipline and modeling appropriate behavior
  - d. Being a parent, NOT a coach – helping your child frame, understand and gain perspective from their coach's decisions
  
2. I agree to the Sport Parent's Commitment, as outlined below:
  - a. I do not force my child to participate in sports. They do so voluntarily, for their own enjoyment.
  - b. I do not live vicariously through my child in sports.
  - c. I do not have unrealistic expectations of my child in sports.
  - d. I teach my child that winning isn't everything and to take each victory with humility and grace
  - e. I teach my child to accept losses with good sportsmanship and as an opportunity to improve
  - f. I always find something to praise in my child's performance.
  - g. I let my child set his/her own standards of excellence.
  - h. I provide love and support for my child regardless of sport performance and motivation.
  - i. I support the coach's decisions and employ the 24-hour rule when discussing any concerns with the coach.
  - j. I openly support and respect the decisions of officials and set an example for my child and other parents in doing so.
  - k. I will speak out and intervene in instances of unacceptable behaviour. I will not be a bullying bystander!
  - l. I cheer for the team and my child in only positive ways from the stands.
  - m. I provide positive support and encouragement to my child's teammates.
  - n. I never smoke or drink alcohol around my child's sporting events.
  - o. I ensure proper rest, hydration and nutrition for my child.
  - p. I am on time for practices and competitions.
  - q. I control my temper and use of bad language
  - r. I am courteous and respectful to all parents on my child's team and the opposing team.
  - s. I never let an emphasis on sport create an imbalance in my child's life.
  - t. I do not harass, bully or abuse anyone involved in my child's sport
  - u. I ask my child if they had fun, and then ask why or why not.
  - v. I will follow the policies and procedures of the sport.
  - w. I will work with the sport to provide a safe environment for all participants.
  - x. I will continue to invite communication with my child.

3. I understand that my son/daughter is expected to attend all training sessions, games and activities associated with their team (including during injury – to observe/listen; but excluding illness) and if my son/daughter will be absent that the coach/team official must be notified in advance with a reason for the absence.
4. I understand that I must respect the coaching and administrative staff, my peers (other parents/families), referees, and the **BCPFA**. Negative comments or behavior towards any of these groups or individuals will not be tolerated.
5. I understand that there will be zero tolerance and understanding for any negative behavior towards game officials.
6. I understand that any coaching from the sidelines during training sessions and games will not be tolerated
7. I understand that any feedback I may have must be communicated to one of the team officials (Head Coach, Assistant Coach or Manager) first. Such contact should be away from other players/parents and in a location away from training or game facilities.
8. I understand that any breach of these guidelines will result in me being required to complete the 1-2 hour online education program, [Respect in Sport](#) at your own expense.
9. I understand that my child, and potentially I may be removed from all team activities, if breaches of these guidelines continued.

\*Adapted from “Be a Positive Participant in Your Child’s Athletics.” by Sandra Stark